



Media Release

5th May

Cyclists to Ride on Federal Parliament to Increase Kidney Awareness

A group of eight cyclists will do several laps of Federal Parliament next week to highlight the need for increased awareness of the Kidney Disease by MPs and the fact that 50 people a day die from kidney related issues.

The “[Ride2Give](#)” cycling team made up of four riders from the UK and four riders from Australia raising funds and awareness for Kidney Health Australia will commence their marathon ride on Monday 10th of May from Sydney ending 9 days later at Federation Square Melbourne.

On the 13th of May the **Ride2Give** team will complete several laps of the Federal Parliament before heading to Berridale.

Dr Paul Bennett a lecturer in Nursing and team member said, “Kidney Disease in Australia is a silent killer as people can lose up to 90% of the use of their kidneys without even knowing it”

“Check Your Kidneys “ the major theme of this year’s Kidney Health Week should be a high priority for everyone as the detection of kidney disease early means it can be treated with patients avoiding being forced onto dialysis to stay alive”

“By lapping the Federal Parliament we are hoping we can get our Federal MPS to get their own kidneys checked on a regular basis and promote the issue to their electorates.”

Meet the Team <http://ride2give.giving.officelive.com/aboutus.aspx>

The route travels via the following towns:

Day 1: May 10th Sydney - Kiama 140kms

Day 2: May 11th Kiama – Bundanoon 85kms

Day 3: May 12th Bundanoon – Canberra 180kms

Day 4: May 13th Canberra – Berridale 150kms **(Parliament House Canberra)**

Day 5: May 14th Berridale – Khancoban 133kms

Day 6: May 15th Khancoban – Yackandandah 152kms

Day 7: May 16th Yackandandah – Mansfield 170kms

Day 8: May 17th Mansfield – Kilmore 145kms

Day 9 May 18th Kilmore – Melbourne 55kms

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Kidney Health Week 23-30 May 2010 ARE YOU AT RISK OF KIDNEY DISEASE ?