Survey for Canberra Region Kidney Support Group 28th February 2020

The Canberra Region Kidney Support Group (CRKSG) is our local support group and is more about social support. It’s a very personal journey we each travel. Being with small groups of people who understand how you feel and what you are experiencing is invaluable. The discussion in a group can draw on various people's experiences and their coping methods or talk about everything but the disease. One-on-one talk is common at our morning teas. Newly diagnosed people benefit from going to a support group and meeting people with the same or similar diagnosis. Kidney disease has different causes in different people. I know when I first started coming to the morning teas I felt as if I learnt more tips about managing the disease than I learnt from the medical and nursing staff.

The CRKSG wants your input. We are a small group. Our website is [www.crksg.org.au](http://www.crksg.org.au) The dates for the morning teas are on the website and in the newsletters. The newsletters are available from the renal centres and dialysis centres.

We would like to hear from kidney patients and their carers via this questionnaire. You can email your reply to: crksg@shout.org.au or post to CRKSG, PO Box 5051, Garran, ACT 2605.

Questions:

1 What are the biggest non-medical barriers/issues that you, or those that know you, face as a renal patient or carer?

2 How do you think CRKSG could help you with these issues?

3 What else could CRKSG do to support you as a renal patient or carer?

4 Would you like to be more involved in the CRKSG committee?

5 We currently have monthly morning teas at the Hellenic Club, Woden alternating between Wednesdays and Thursdays and have organised some dinners. What type of social gathering(s) would you be interested in attending apart from these?

6 Do you have any other comments?

Yvonne

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