

Welcome to

RENAL SERVICES

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The Canberra Hospital

This booklet has been developed to help guide you through the services available so you can better understand chronic kidney disease

April 2010

Chronic Kidney Disease education

Our goal

- That you will be able to learn about chronic kidney disease so you can participate in the management of your care

To achieve this goal, we hope that you will:

- Have access to all team members
- Be able to make informed decisions about your treatment
- Ask questions
- Understand your medications
- Understand your medical conditions
- Join in education sessions provided by the renal service
- Know who and where to access educational materials
- Treat others with dignity and respect

Outcomes:

- You will be able to explain your understanding of chronic kidney disease (including progression, complications, role, importance of treatment and monitoring)
- You will have an understanding of the different types of kidney treatments and you can explain your choice of treatment

How we can help you achieve this goal:

We can support your learning by:

- Independent (one-to-one) education sessions
- Group education sessions
- Providing resources, eg booklets, DVDs

We have a Nurse Practitioner (NP) to help coordinate your care and education in your journey. The NP also runs chronic kidney disease clinics and facilitates education sessions

Contact: Barb Harvie (Nurse Practitioner CKD) ph 6174 5090

RENAL OUTPATIENTS

We offer services to you as outpatients including several clinics:

- Transplant clinic
- General Nephrology clinic
- Chronic Kidney Disease Management
- Vascular Access clinic
- Dialysis Multidisciplinary clinic
- 24 hour ambulatory blood pressure monitoring

A range of education services is available to members of the local community ACT Health staff, general practitioners and medical students.

An active research program includes an interest in immunology, medical education and clinical nephrology.

Contact us: *Monday to Friday 8 – 5 pm*
Renal Outpatients
Level 8, The Canberra Hospital
Phone: 6244 2046

<i>Acting CNC</i>	<i>Megan Hughes</i>	<i>6244 3062</i>
<i>Vascular Access Nurse</i>	<i>Marsha Wheller</i>	<i>6244 4564</i>
<i>Hypertension Nurse</i>	<i>Jane Gillespie</i>	<i>6244 4052</i>
<i>Outpatient Nurses</i>	<i>Bernie and Joy</i>	<i>6244 3535</i>

HOME THERAPIES

Mission:

Empowering people with end stage kidney failure to manage their chosen renal replacement therapy in their home or community setting.

Renal Home Therapy Unit consists of Peritoneal Dialysis and Home Haemodialysis. We provide the training and knowledge for you to perform your chosen therapy in the home environment. We look after people who live in the ACT and surrounding Southern NSW.

Contact us:

Home therapies CNC Tim Keun 6244 3350

Peritoneal Dialysis

Level 8 Canberra Hospital

Mon – Fri 8:00 am – 4:30 pm

Phone: Sue and Sheng 6244 2268

Home Haemodialysis

Canberra Community Dialysis Centre

Gaunt Place, Garran

Mon – Fri 7:00 am – 4:30 pm

Home HD: Caroline, Julie, Janelle 6244 4280

HAEMODIALYSIS

Acute Haemodialysis Unit

This is an acute care unit with 10 available spaces for 8 chairs and 2 beds. We dialyse people from Canberra and the surrounding region who are unstable or are in Ward 8B.

People who need acute dialysis are also dialysed here. We also dialyse people in the Intensive Care Unit.

There are four Isolation Rooms available, which are routinely used for people who need it.

Clinical Nurse Consultant Chari Mercado

Hours: Mon – Sat 0700 – 2130

Phone 6244 3363.

Canberra Community Dialysis Centre (CCDC)

CCDC is located in Gaunt Place in Garran and has 18 dialysis chairs. CCDC offers maintenance dialysis to people from Canberra and the surrounding districts. Visitors from other units around Australia and overseas are accepted on a reciprocal basis. The unit philosophy is to enable you to maintain your independence. To this end you are encouraged and supported to perform as much of your treatment as possible. Visitors are welcome throughout the day.

Clinical Nurse Consultant Anne Maguire

Hours: Mon – Sat 0700 – 2100

Phone: 6244 4277

Northside Dialysis Centre

NDC is located in the Calvary Hospital grounds on Mary Potter Circuit in Bruce. We have 13 chairs and are open Mon - Sat.

Clinical Nurse Manager Lisa Thompson

Hours: Mon – Sat 0700 – 2000

Phone: 6205 4006

All these dialysis locations are closed Sundays, Christmas Day and New Years Day

RENAL TRANSPLANT SERVICE

Pre Transplant Suitability

All people referred by physicians to go on the deceased transplant waiting list or for living renal transplant need to have an initial workup to determine their medical suitability. Workups are then repeated annually to maintain suitability to be on the waiting list.

Only people already on dialysis can be considered for assessment for **deceased** donor transplantation. If you have a suitable living donor then you can be assessed for suitability to receive a kidney before going on dialysis.

Post Renal Transplant

You attend routine clinics at The Canberra Hospital on Wednesday mornings. If you've had a recent transplant you also attend clinics on Monday and Fridays. Your test results and ongoing maintenance are monitored during the clinics.

Live Renal Transplant Coordination

Potential Donor workups are organised and coordinated with Transplanting units (eg Royal Prince Alfred Hospital, Queen Elizabeth Hospital).

Hours: Mon – Fri 0800 – 1700

Phone: Megan Hughes or Marcello Aquanta 6244 3353

RENAL WARD

Ward 8B is a 19 bed medical ward, which primarily provides care for people with kidney disease and other acute medical conditions including dialysis. People with kidney disease who need surgical procedures will also be cared for in the ward.

Some people may also be receiving some form of Renal Replacement Therapy (RRT).

Kidney disease is often associated with other conditions such as diabetes and high blood pressure, and may be admitted for many different reasons.

People with kidney disease are a diverse group of individuals from various cultural, social and ethnic backgrounds and these factors are considered when planning their care.

Contact us:

*CNC Pat Tozer
Renal Ward 8B
Level 8
The Canberra Hospital
Phone: 6244 2046*

Ward visiting hours:

*1100 hrs to 1300 hrs
1500 hrs to 2000 hrs*

Additional helpful contact numbers

Dietitians	Sarah Gordon	6244 2211
Psychiatric Liaison		6244 2856
Social Work Department		6244 2316
Pastoral Care Unit		6244 3849

Websites

Kidney Health Australia www.kidney.org.au

Canberra Region Kidney Support Group www.crksg.org.au

The **Renal Advisory Meeting (RAM)** is a group of consumers (dialysis, transplant and CKD) and health professionals who meet to discuss issues every month at The Canberra Hospital. RAM also has a bulletin which is available in the Renal Outpatients waiting area.